

LIFE LINKS

... your connection to mental health and wellness

750 Broadway Avenue East Mattoon IL 61938

(217) 238-5700

August 2014

Annual Report to the Community Fiscal Year 2014

For the period
July 1, 2013 to
June 30, 2014

LifeLinks
served
2,719
Consumers:
1,915
adults
and
804
children.



True to our
mission
we provided

\$816,342
in free
and
reduced
mental
health care.

LYNETTE'S THOUGHTS ON THE PAST 50 YEARS

Margaret Mead had it right when she said, "Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has." 50 years ago a small group of thoughtful, committed citizens changed the world for the people living in Coles County both then and now. Working together Coles County Mental Health Center, now known as LifeLinks, was created to provide comprehensive outpatient mental health services to those in need.



Lynette Ashmore, MA, LCPC
Executive Director

As we celebrate 50 years of service to the community it's interesting to see the growth and change that has occurred. What started in 1965 as a 9 (2 full time and 7 part time) employee organization providing only counseling services in a 2 room office suite to 335 individuals annually has grown to an organization with 66 employees (58 full time and 7 part time) in 2 large office buildings providing services to over 2700 individuals annually. Programs have expanded to include psychiatric and nursing services, SASS (specialized children services covering 4 counties), DUI Evaluation and Risk Education services, Caregiver Connections (provides mental health consultation to day care providers) and a dedicated Access Center to expeditiously and effectively link individuals requesting services to the provider who best meets their needs.

Now available to individuals experiencing a severe and persistent mental illness are Residential options (two 24 hour supervised living arrangements, one 16 unit supportive housing and one 16 unit independent living apartment complexes), PSR (psychosocial rehabilitation), IPS (Individual Placement and Supports), a job placement program, Peer Support services and hope for recovery. (continued on page 2)

FY 14

Board of Directors

Susan Harding

Ed Dowd

Diane Kauffman

Gregory C. Ray

Cathie Reynolds

Travis Spencer

Abby Haughee

Terry Ramsey

Like us on Facebook at
LifeLinks Mental Health



Leadership Team

Lynette Ashmore

Executive Director

Sarah Gracey

Chief Financial Officer

Judy Hester

MIS Director

Terra Ogle

*Director of
Outpatient Services*

Debby Cook

*Director of Communication
& Development*

Visit us on the web at
www.lifelinksinc.org

SERVICE PROVISION

Type of Service	Number Provided
Mental Health Assessment	4,201
Treatment Plan Development	1,636
Crisis Intervention	4,055
Direct Service - Therapy and Case Management	37,129
Psychiatric Services	1,364
Medication Management - Nursing	3,598
Psychosocial Rehabilitation	6,120
Other (PAS Screenings, DUI Evaluations, Children FIRST classes)	105

LYNETTE'S THOUGHTS ON THE PAST 50 YEARS

(CONTINUED FROM PAGE 1)

RBHN (Regional Behavioral Health Network), developed in collaboration with Sarah Bush Lincoln Health Center and Human Resource Center of Edgar and Clark counties provides 24 hour crisis services via a toll-free clinician answered crisis line offering phone, face to face, office based, and outreach services to a 4 county area; specialized assessment/interventions to children at risk of a psychiatric hospitalization to a 7 county area and screening individuals with a mental illness who are in need of nursing home placement in an 8 county area.

Funding and accountability has changed dramatically through the years. Once a Department of Human Services grant funded organization only, we now have diversified funding streams and are accountable to a number of rules/regulations of several overseeing organizations including the Department of Human Services Division of Mental Health, Bureau of Accreditation and Licensure, Department of Alcohol and Substance Abuse, The Joint Commission and Healthcare and Family Services.

The organization has relocated 3 times, but will likely remain in our current location at 750 Broadway Avenue East in Mattoon for many years. If you have not seen our facility, I invite you to stop by at your convenience or watch for the announcement of our Open House in May 2015 and come help us celebrate our 50th anniversary!

Indeed, changes only occur when a group of thoughtful, committed citizens work together to make that change happen. LifeLinks is evidence of that. Be one of those citizens and join us with your support, feedback, donations, etc. to keep LifeLinks growing and prospering to change the world for our community and those in need.

Lynette Ashmore



50 years and still going strong...

Are you up for a challenge?
 Can you spare \$50 (\$1 for each of the 50 years) LifeLinks has faithfully served
 the Coles County area?

Join our celebration and show your support for LifeLinks through our
\$50 for 50 Club!

Yes, I want to support LifeLinks!

Please accept my gift of: \$50 \$500 Other _____

 Name (s)

 Address

 City

 State

 Zip

 Phone (Home)

 E-Mail

Check payable to LifeLinks

Credit Card: Visa MasterCard

 Card Number

_____/_____
 Expiration Date

 Privacy Code

 Signature

I want to help insure LifeLinks' future. Please contact me to discuss Planned Giving Opportunities.

Mail your form to LifeLinks, Attn. Development, 750 Broadway Ave. East, Mattoon, IL 61938



Casino Night April 26, 2014

LifeLinks hosted its first ever major fundraising event—Casino Night 2014. Held at the Mattoon Golf and Country Club, attendees enjoyed an evening filled with exquisite hors d'oeuvres and Las Vegas style gaming (with real money!)

Thanks to our community and staff volunteers we were able to offer our supporters Texas Hold 'Em poker, a simplified craps game called Bang, Roulette, and a customer favorite, Black Jack.

Mark your calendar for
Casino Night 2015 -

April 25, 2015!



PLEASE JOIN US IN THANKING OUR CASINO NIGHT SPONSORS



OUR CASINO NIGHT SUPPORTERS



Dr. Phillip B. Kepp



And Our Casino Night Volunteers!

Sam Adair, Coles Moultrie
 Debra Allen, LifeLinks
 Lynette Ashmore, LifeLinks
 Kim Basham, LifeLinks
 Brian Beauvais, Pilson Auto Center
 Jason Bianco, Pilson Auto Center
 Megan Boren, LifeLinks
 Dustin Brown, LifeLinks
 Kristina Brownlee, LifeLinks
 Angela Catalano, LifeLinks
 Debby Cook, LifeLinks
 Steve Cottet, Consolidated Communications
 Chris Cottet, LifeLinks
 Ed Dowd, Staples
 Jeff Eaton, Jeliniz
 Jeremy Gracey, Friend of LifeLinks
 Sarah Gracey, LifeLinks
 Tony Harris, Harris Metals
 Tyson Harris, Harris Metals

Wendi Haslett, First Mid Insurance Group
 Molly Hastings, LifeLinks
 John Hedges, First Mid-Illinois Bank & Trust
 Christine Hughes, LifeLinks
 David Kellerhals, LifeLinks
 Tom Kenner, Pilson Auto Center
 Alicia Kessler, Friend of LifeLinks
 Joey King, The Pavilion Foundation Hospital
 Brandon Lewis, Friend of LifeLinks
 Kay Lewis, LifeLinks
 Bill Monken, Friend of LifeLinks
 Tiffany Monroe, LifeLinks
 Larry Nichols, Doehring, Winders & Co.
 Terra Ogle, LifeLinks
 Gary Patrem, Consolidated Communications
 Max Pierce, Friend of LifeLinks
 Kristen Pierce, LifeLinks

Seth Reedy, First Mid Insurance Group
 Kevin Richardson, Pilson Auto Center
 Dale Righter, Illinois State Senator
 Mike Slaughter, First Mid Insurance Group
 Matt Smith, Consolidated Communications
 Mike Sneddon, Friend of LifeLinks
 Angie Sowers, LifeLinks
 Terry Stretch, CUSD #2
 Jason Tucker, First Mid-Illinois Bank & Trust
 Sherrie Wade, Doehring, Winders & Co.
 Lee Waite, Dilsaver, Nelson & Waite
 Kelly Westmoreland, LifeLinks
 Mary Wetzel, Mattoon Chamber of Commerce
 Becky Williams, LifeLinks
 Chris Young, Consolidated Communications
 Emily Zerrusen, LifeLinks
 Sarah Zike, LifeLinks

Special Thanks to Lamar Advertising, The Coles County Airport Authority, Mr. Dan Lindsey & Howell Paving, Inc., Jillian Deam & WCIA TV, Christy Blew, the Mattoon Chamber of Commerce, and the Mattoon Golf & Country Club for their assistance with advertising and holding Casino Night!

Save the Date!

Casino Night April 25, 2015!

WE THANK OUR SUPPORTERS WHO GAVE SO GENEROUSLY TO LIFELINKS IN FY 14

Founder's Society

\$500 or more

Richard & Debby Cook
First Mid-Illinois Bank & Trust
First Mid Insurance Group
Danny Heiland
KC Summers
Peoples Bank & Trust
Pilson Auto Centers
Scott McDevitt

In Honor of Jared

Nancy Kull-McGow

For the SASS Program

Common Links
The Iverson A. Lumpkin Pioneer Club

Casino Night

Pam Catalano
Erin VanDeursen
Sara East
Sandi Gilbert
Brian Hastings
Dr. Phillip Kepp
Joey King
Gregory & Carol Ray
Jason Tucker

Directors' Appeal

Susan Harding
Ed Dowd
Diane Kauffman
Kathleen Schmitz
Gregory C. Ray
Cathie J. Reynolds
Travis Spencer
Abby Haughee
Terry Ramsey

In Memory of Athia Williams

Lisa & Otto Rincker

Annual Appeal

Anonymous
Christy Blew
Sharon & Gary Brinkmeyer
Jessica Burgess
Chris Cottet
Marion Dowd
Margaret Floyd
Sarah & Jacob Gracey
Harsha Behavioral Health Center
Mariana Hughes
Bob & Judy Jones
Mr. & Mrs. Robert R. Miller
Tiffany Monroe
Terra Ogle
Tresten & Mason Radloff
Calvin Smith
Barb York
Emily Zerrusen



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